

**W**hatever the cause, big life changes can be very daunting. And, sometimes you need a little support and encouragement to move on with your life. Clutterbugs can help you work out your priorities, reorganise your life and change your existing home or new one to suit your future needs.

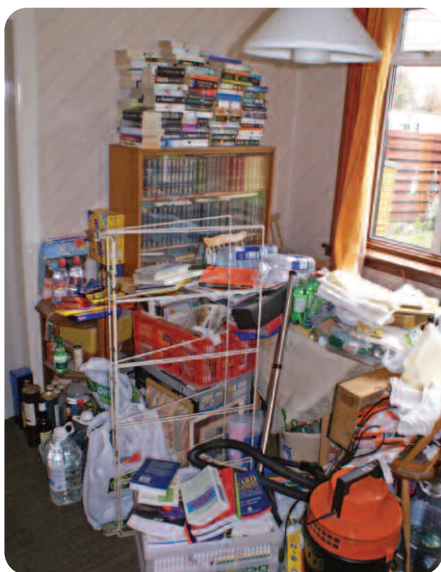
## **Clutterbugs** gives Gillian her dining room back

**Having inherited three generations worth of belongings over the years and then suffering a very close bereavement, it was not until physical disability hit that Gillian decided to use Diane Moughton of Clutterbugs to help her streamline her home.**



During discussion at the initial consultation, Diane asked Gillian to pinpoint which area in the house would have the greatest immediate impact by being decluttered first. Gillian felt that the dining room was the room to start with as for twenty years, she had been unable to use it due to all the clutter.

Over the course of a weekend the room was decluttered. Things were sorted into five categories: keep, sell, donate, recycle and dump and the room was restored to its original function. Within a few weeks Gillian had hosted her first dinner party ever! When asked how she felt, Gillian said "I can honestly say I've felt nothing but positive feelings since decluttering the dining room but that's because the decluttering happened when I was ready to let go of the past."



**“I’ve felt nothing but positive feelings since decluttering the dining room”**